

# ADVANCED COACH ACCREDITATION PRACTICAL SELF ASSESSMENT FORM

## NETBALL AUSTRALIA

A 60-minute practical demonstration of coaching skills (excluding the warm-up) is required within a training environment. To successfully attain the Advanced Coach Accreditation the participant must be rated as competent on all aspects of the performance criteria.

<b>Name:</b>	<b>Session Topic:</b>
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Performance Criteria	Competent		Comments
	YES	NO	
Demonstrate awareness of safety in terms of equipment, use of space and player movement.			
Maximise the use of players and equipment.			
<b>COACHING BEHAVIOURS</b>			
Purpose of the activity is stated and put into the context of the game.			
Question the players/group to elicit their understanding of the required task.			
Use cue words.			
Demonstrations are technically correct and can be seen clearly by all players.			
Position to enable interaction with individuals and small groups.			

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Performance Criteria	Competent YES NO	Comments
Appropriate to skill level of the group and variations within a group.		
Effective time management with and between drills.		
Standard of working intensity is set and maintained		
<b>SKILL PROGRESSION AND FAULT DETECTION AND CORRECTION</b>		
Progressively add challenges in a sequential 1-7 manner or alternately remove challenges to adapt the activity to cater for individual abilities.		
Detect and correct errors in individual technique and group drills and skills.		
Provide a variety of feedback styles: using visual, tactile and verbal feedback.		
Feedback is correct and specific to players' performance (positive and corrective).		
Recognise the 'coachable moment' and use it appropriately when the skill is correctly or incorrectly performed.		
<b>REVIEW</b>		
Seek feedback from players and others and use self-reflection techniques to evaluate the practical coaching session.		



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Assessment Decision: **Competent**      **Requires continued development**

Assessor Comments:

ASSESSOR NAME	SIGNATURE	DATE

