



Coaching Update

Log Book



netball
AUSTRALIA

Title	
First Name	
Surname	
Date of Birth	Gender (tick box) <input type="checkbox"/> Male <input type="checkbox"/> Female
Address	
State	Post Code
Telephone	
Mobile	
Email	
Netball Australia Accreditation No.	

Please complete all fields to access online resources such as Sports Coach Magazine.



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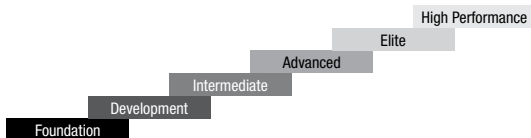


Australian Government
Australian Sports Commission

Coach Education Framework

Netball Australia's Coach Education Framework supports the development of coaches from beginner or club level through to international level.

Coaches are able to progress along the six-tier accreditation pathway depending on their personal aspirations and ability.



Foundation Course: a standalone one day course (8 hours) for beginner and club coaches including Beginning Coaching General Principles combined with the skills of netball. A reduced course can be presented if the Beginning Coaching General Principles Course is completed prior to the course.

Development Course: a standalone one day course (8 hours) for club coaches. A Section 1 Theory Examination Pass is a pre-requisite.

Intermediate Course: designed for club and representative coaches. The Intermediate General Principles Course is a pre-requisite.

Advanced Course: for representative and state league coaches.

Elite Course: for coaches of state league and state teams. Modular based with alternative delivery methods.

High Performance Course: the highest level of accreditation for coaches at a national and international level.

Updating



Coaches complete a series of tasks over a four-year period following their successful completion of a Netball Australia Coaching Accreditation course. Netball Australia recommends that all coaches who become accredited continue to upgrade their knowledge.

The updating program aims to raise the overall quality of coaches within netball by ensuring they are provided with ongoing education and development opportunities covering areas such as:

- Keeping abreast of the latest information on developments within netball
- Receiving the latest general and specific safety information related netball
- Having access to the most up-to-date techniques and coaching methods for netball

Netball Australia requires a coach to reach the specified number of points of updating activity for each accreditation level.

Foundation	Attain Development OR Complete 20 points in 4 years
Development	Attain Intermediate OR Complete 40 points in 4 years
Intermediate	Attain Advanced OR Complete 60 points in 4 years
Advanced	Attain Elite OR Complete 80 points in 4 years
Elite	Attain High Performance OR Complete 100 points in 4 years
High Performance	Complete 120 points in 4 years

How To Update?

Coaches have four years in which to complete their updating requirements.

By attending any updating activity, a coach is able to earn points towards completing the updating requirements associated with their current level of accreditation.

Re-accreditation – How do I do it?

Your respective state / territory contact will require the following to successfully complete re-accreditation on your behalf:

- Completed log book with all fields on the inside cover completed

How are Update Activities Recorded?

It is important that details of all practical involvement and attendance at approved courses and seminars (that will contribute to your re-accreditation) are accurately recorded in a Log Book.

How to use your Log Book?

The Log Book enables you to record and have verified updating activities that you attended. The Log Book is also evidence of your experience and on-going education when you apply for a new coaching position. When you attend an approved updating activity complete the Log Book as shown.

1. State date of attendance
2. Record the activity
3. Record time commitment
4. Obtain signature of course coordinator

For further information regarding the updating process contact your local State / Territory Coaching Director or Netball Australia's Coach Development & Participation Manager.

Updating Criteria FOUNDATION

Netball Australia Foundation Coaching Accreditation is valid for four (4) years.

Points to be completed:

20 (Minimum practical component: 10 hours) 1 point = 1 hour

Updating Requirements

	Event	Time Commitment (Maximum points to be claimed for each unit)
1.	Practical Coaching	16 points
2.	Attain Netball Australia Development Coaching Accreditation	Meets total requirements
3.	Attend an accreditation First Aid Course	5 points
5.	State Association Approved Coaching Workshop / Course	5 points
6.	State Association Approved Umpiring Workshop / Course	3 points
7.	Observation of SIS/SAS, ANL or State Training Sessions	3 points
8.	Observation of ANZ Championship or International Event	2 points
9.	ASC Sport Development Unit organised workshop / course	5 points
11.	Coaching related Course / Workshop / Seminar conducted by a recognised body e.g. State Department of Sport and Recreation	5 points

Updating Criteria DEVELOPMENT



Netball Australia Development Coaching Accreditation is valid for four (4) years.

Points to be completed:

40 (Minimum practical component: 20 hours) 1 point = 1 hour

Updating Requirements

	Event	Time Commitment (Maximum points to be claimed for each unit)
1.	Practical Coaching	25 points
2.	Attain Netball Australia Intermediate Coaching Accreditation	Meets total requirements
3.	Attend an accreditation First Aid Course	10 points
4.	Attend Sport Trainers Course Level 1 or Level 2	20 points
5.	State Association Approved Coaching Workshop / Course	10 points
6.	State Association Approved Umpiring Workshop / Course	6 points
7.	Observation of SIS/SAS, ANL or State Training Sessions	6 points
8.	Observation of ANZ Championship or International Event	2 points
9.	ASC Sport Development Unit organised workshop / course	10 points
10.	Coach related course / workshop / seminar conducted by recognised body (e.g. State Department Sport & Recreation)	10 points

Updating Criteria INTERMEDIATE

Netball Australia Intermediate Coaching Accreditation is valid for four (4) years.

Points to be completed:

60 (Minimum practical component: 30 hours) 1 point = 1 hour

Updating Requirements

	Event	Time Commitment (Maximum points to be claimed for each unit)
1.	Practical Coaching	40 points
2.	Attain Netball Australia Advanced Coaching Accreditation	Meets total requirements
3.	Attend an accreditation First Aid Course	10 points
4.	Attend Sport Trainers Course Level 1 or Level 2	20 points
5.	State Association Approved Coaching Workshop / Course	10 points
6.	State Association Approved Umpiring Workshop / Course	6 points
7.	Observation of SIS/SAS, ANT or State Training Sessions	6 points
8.	Observation of ANZ Championship or International Event	2 points
9.	ASC Sport Development Unit organised workshop / course	10 points
10.	Coach related course / workshop / seminar conducted by recognised body (e.g. State Department Sport & Recreation)	10 points

Updating Criteria ADVANCED



Netball Australia Advanced Coaching Accreditation is valid for four (4) years.

Points to be completed:

80 (Minimum practical component: 40 hours) 1 point = 1 hour

Updating Requirements

	Event	Time Commitment (Maximum points to be claimed for each unit)
1.	Practical Coaching	50 points
2.	Attain Netball Australia Elite or High Performance Coaching Accreditation	Meets total requirements
3.	Attain Netball Australia Presenter, Assessor or Mentor Accreditation.	20 points
4.	Present Netball Australia Foundation or Development course	10 points
5.	Mentor Coaching	30 points
6.	Coach related course / workshop / seminar conducted by recognised body (e.g. State Department Sport & Recreation)	10 points

Updating Criteria ELITE

Netball Australia Elite Coaching Accreditation is valid for four (4) years.

Points to be completed:

100 (Minimum practical component: 50 hours) 1 point = 1 hour

Updating Requirements

	Event	Time Commitment (Maximum points to be claimed for each unit)
1.	Practical Coaching <ul style="list-style-type: none"> • ANL • State/Territory Underage Team • State League 	70 points
2.	Attain Netball Australia High Performance Coaching Accreditation	Meets total requirements
3.	Complete ACC Graduate Diploma in Sports Coaching	50 points
4.	Mentor Coaching	30 points
5.	Attain Netball Australia Presenter, Assessor or Mentor Accreditation	20 points
6.	Present Netball Australia Intermediate or Advanced course modules	20 points
7.	Present Netball Australia Foundation or Development course	10 points
8.	Coach related course / workshop / seminar conducted by recognised body (e.g. State Department Sport & Recreation)	10 points

Updating Criteria HIGH PERFORMANCE



Netball Australia High Performance Coaching Accreditation is valid for four (4) years.

Points to be completed:

120 (Minimum practical component: 60 hours) 1 point = 1 hour

Updating Requirements

	Event	Time Commitment (Maximum points to be claimed for each unit)
1.	Practical Coaching <ul style="list-style-type: none"> • National (Open and 21/Under) • SIS/SAS (including AIS) • ANZ Championship • ANL • State/Territory Underage Team • Top Division State League 	80 points
2.	Complete ACC Graduate Diploma in Sports Coaching	50 points
3.	Present Netball Australia Advanced/Elite/High Performance course modules	20 points
4.	Attain Netball Australia Presenter, Assessor or Mentor Accreditation	20 points
5.	Coach Education within other sports	20 points
6.	Coach related course / workshop / seminar conducted by recognised body (e.g. State Department Sport & Recreation)	10 points
7.	Mentor Coaching	30 points

In addition to Netball Australia's General Code of Behaviour, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball Australia, Member Organisations, affiliated Associations and Clubs in your role as a coach.

1. Treat all players with respect at all times. Be honest and consistent with them. Honour all promises and commitments, both verbal and written.
2. Promote a climate of mutual support among your players. Encourage players to respect one another and to expect respect for their worth as individuals regardless of their level of play.
3. Encourage and facilitate players' independence and responsibility for their own behaviour, performance, decisions and actions.
4. Involve the players in decisions that affect them.
5. Determine, in consultation with the players, what information is confidential and respect that confidentiality.
6. Provide feedback to players in a caring sensitive manner to meet their needs. Avoid overly negative feedback.
7. Refrain from any form of personal abuse towards your players. This includes verbal, physical and emotional abuse. Be alert to any forms of abuse directed toward your players from other sources while they are in your care. (Abide by the Netball Australia Member Protection Policy)
8. Refrain from any form of harassment towards your players. Treat all players fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status, and other condition. (Abide by the Netball Australia Member Protection Policy)
9. Be acutely aware of the power that you as a coach develop with your players in the coaching relationship and avoid any sexual intimacy with players that could develop as a result.
10. Avoid situations with your players that could be construed as compromising.
11. At all times use appropriate training methods which will benefit the players and avoid those which could be harmful. Ensure that the tasks, trainings, equipment and facilities are safe and suitable for age, experience, ability and physical and psychological conditions of the players.
12. Ensure the players' time spent with you is a positive experience. All players are deserving of equal attention and opportunities. Provide training and game opportunities that ensure everyone has a reasonable chance to succeed and to improve/acquire skills and develop confidence.
13. Actively discourage the use of performance enhancing drugs, the use of alcohol and tobacco and illegal substance. (Abide by the Netball Australia Anti-Doping Policy).
14. Recognise individual differences in players and always think of the player's long-term best interests.
15. Set challenges for each player which are both achievable and motivating.
16. Respect the fact that your goal as a coach for the player may not always be the same as that of the player. Aim for excellence based upon realistic goals and due consideration for the participant's growth and development.
17. At all times act as a role model that promotes the positive aspects of sport and of netball by maintaining the highest standards of personal conduct and projecting a favourable image of netball and of coaching at all times.
18. Recognise your player's rights to consult with other coaches and advisers. Cooperate fully with other specialists (e.g. sports scientists, doctors, physiotherapists etc).
19. Do not exploit any coaching relationship or information gained through Netball Australia programs, to further personal, political, or business interests.
20. Encourage players and coaches to develop and maintain integrity in their relationship with others.
21. Respect other coaches and always act in a manner characterised by courtesy and good faith.
22. When asked to coach, ensure that any previous coach / player relationship has been ended in a professional manner.
23. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules. Know and abide by netball rules, regulations and standards, and encourage players to do likewise. Accept both the letter and the spirit of the rules.
24. Be honest and ensure that qualifications are not misrepresented.
25. Make a commitment to providing a quality service to your players. Provide a training program which is planned and sequential. Maintain or improve your current NCAS accreditation, seek continual improvement through performance appraisal and ongoing coach education and be open to other people's opinion.

Failure to comply with the code of behaviour will result in appropriate action being taken in accordance with the Member Protection Policy. For further assistance please contact your local State or Territory Member Organisation.

Contact Details

ACT Netball Association

www.act.netball.asn.au

Netball New South Wales

www.netballnsw.com

Netball Northern Territory

www.nt.netball.asn.au

Netball Queensland

www.netballq.org.au

Netball South Australia

www.netballsa.asn.au

Netball Tasmania

www.tas.netball.asn.au

Netball Victoria

www.netballvic.com.au

Netball Western Australia

www.netballwa.com.au

www.netball.asn.au

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