

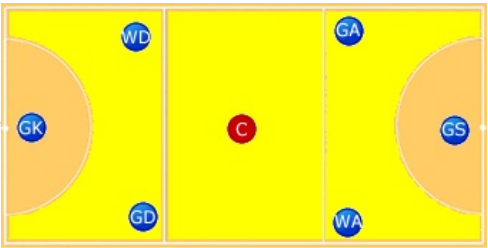



Title: **Player Positions - Roles and Responsibilities**

Date:	Venue:	Duration:	No of Players:	Ability / Level:	Equipment:
<b>Session Goals:</b> Reference sheet with all player positions and a brief description of the role in the team.				<b>Personal Coaching Goals:</b> <b>Netball Positions:</b> GK - Goal Keeper, GD - Goal Defence, WD - Wing Defence, C - Centre, WA - Wing Attack, GA - Goal Attack, GS - Goal Shooter	

Time	Task / Activity / Session Content	Coaching Points
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<p><b>Goal Keeper:</b></p> <p><b>Where can they go?</b></p> <p>They are only allowed to move in the defensive third and circle</p> <hr/> <p><b>What do they do?</b></p> <p>They Defend against the oppositions Goal shooter Stop the opposition scoring and win rebounds.</p>	 <p>Direction of play →</p> <p>Area of allowed play for the Goal keeper</p> 	<p><b>Goal Defence:</b></p> <p><b>Where can they go?</b></p> <p>The goal defence can move any where in the circle defensive and middle third.</p> <hr/> <p><b>What do they do?</b></p> <p>They defend against the oppositions Goal attack. They are trying to stop the other team from scoring and get the ball out of defence to the attacking third.</p>	 <p>Direction of play →</p> <p>Area of allowed play for the the Goal defence</p> 
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<p><b>Wing Defence:</b></p> <p><b>Where can they go?</b></p> <p>The wing defence can move in the defensive and centre third but is not allowed to enter the circle.</p> <hr/> <p><b>What do they do?</b></p> <p>They defend the oppositions Wing attack. And there main role is to stop the opposition passing the ball into the the circle</p>	 <p>Direction of play →</p> <p>Area of allowed play for the Wing defence</p> 	<p><b>Centre:</b></p> <p><b>Where can they go?</b></p> <p>Centres are allowed to move in all 3 thirds except in both circles.</p> <hr/> <p><b>What do they do?</b></p> <p>They restart the game each time after a goal. They mark the oppositions Centre They need to be very agile and fit and they help in both attack and defence</p>	 <p>Direction of play →</p> <p>Area of allowed play for the Centre</p> 
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**Wing Attack:**

**Where can they go?**

They are allowed to move in the centre and attacking third but not in the circle.

**What do they do?**

They mark the oppositions wing defence, Their main role is to try to set up the Goal shooter with scoring changes. They need to be able to catch and pass the ball on quickly.



Direction of play → Area of allowed play for the wing attack



**Goal Attack:**

**Where can they go?**

They are allowed to move in the centre and attacking third including the circle.

**What do they do?**

They mark the oppositions goal defence. They have to be good passers and long range shooters. Their role is to try and feed the ball to the Goal shooter so they can shoot from close range as well as shoot from long range them selves.



Direction of play → Area of allowed play for the Goal Attack



**Goal Shooter:**

**Where can they go?**

They are allowed to move in the attacking third and the goal circle and not anywhere else.

**What do they do?**

The Role for the goal shooter is to score goals. They must have quick reactions Often are one of the taller players on the team. Need to be calm under pressure.



Direction of play → Area of allowed play for Goal shooter



Other Comments:

Evaluation: